





Daylight Savings Starts

Daylight savings time begins at 2am Sun 5 October. Move the clock forward one hour.



Established 2004 October 2025 Volume 21 - Issue 10

BOWLING CLUB ELECTION

THE BOWLING CLUB FACES ITS BIGGEST DECISION OF THE YEAR

Shoalhaven Heads Bowling and Recreation Club isn't just about Friday night raffles, barefoot bowls, or a round of schooners at the bar. It's one of the largest businesses in town, turning over almost \$5 million a year and employing around 50 staff. With 6,000 members and sponsorships reaching nearly every local sporting and community group, it's hard to think of a part of Heads life the Club doesn't touch.

That's why this month's elections matter. Members will be choosing a President, two Vice Presidents, and four Directors to sit on the Board. These are the people who steer the ship: deciding how the money is spent, what projects go ahead, and how much support flows back into the community.

As Operations Manager Nathan Bartley put it: "Management make the money, and the Board spend it strategically." In other words, the Board provides the vision and oversight, while General Manager Doug McCallum and his team handle the day-to-day running of the Club.

Who Can Vote?

Not every member can take part in the elections. Only Life Members, and Ordinary Members who have been financial for at least two consecutive years, are eligible to attend the AGM, vote, nominate, or stand for the Board.

In simple terms: you need to have been a full, paying Ordinary Member for at least the last two years (or a Life Member) to have a say. Social, temporary, or newer members aren't eligible.

Voting is open at the Club from Saturday 4 October to Friday 10 October, with the results announced at the AGM on Sunday 12 October at 10am in the auditorium.

What Makes a Good Board Member?

Running a multi-million-dollar community business takes more than enthusiasm. The best Board members

- Think beyond themselves and act for the good of the appointment of a co-patron. all members.
- Understand (or are willing to learn about) finance and governance.
- Can work as part of a team.
- Listen fairly and make balanced decisions.
- Keep an eye on the future from community sponsorships to major refurbishments.

Community Contributions

Last year the Club put \$50,000 into ClubGRANTS and another \$10-30,000 in sponsorships, backing almost every local sporting code and community group — from junior footy and cricket to the preschool and

PRESIDENT 1 (one) to be elected



David Watson Unopposed

VICE PRESIDENTS 2 (two) to be elected



Julie **Ashby**

Steven

McMahon

Graham

Gough



Peter Rawlings



Gary Hawkes



Wayne **Boorer**

DIRECTORS

NOMINEES

Gary **Hawkes**

4 (four) to be elected



See their resumes online via the QR code (Bowlo website) below

Williamson



Michael Lyons



Ashby

Julie



Rawlings

Graham

Gough



Steven **McMahon**



Wayne **Boorer**



Kay **Bounds**

Lions. In total, that's \$60–80k each year funnelled back members involved, this election deserves attention. into Shoalhaven Heads.

What's Next for the Club

The AGM agenda includes more than elections. Members will also vote on adopting a modernised constitution, a life membership for Robert Ashby, and

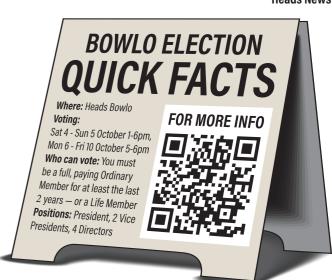
Operationally, members will notice some changes too:

- New carpet throughout the Club (installation starts the day after the AGM).
- New lounge furniture arriving in December.
- A major restaurant and garden redevelopment planned for the coming year.

Why It Matters

The Bowlo is more than a social hub — it's a community engine. Who sits on the Board determines not just what happens inside the Club's walls, but how far its influence stretches across Shoalhaven Heads. With millions of dollars, dozens of jobs, and thousands of

So if you're eligible, make sure your vote is cast. After all, this is your Club — and its future is in your hands. **Heads News**





Raine&Horne.

My family lives here. My team lives here. Your sale supports our whole town.

Danielle Harris 0407 233 030



The HEADS NEWS is brought to you by Tania Skelton and Mike Howard. For info about advertising or supplying editorial please contact Tania or Mike: **Phone**: 02 4448 7833 **Email**: tania@headsnews.com.au

Website: www.headsnews.com.au **Printed By:** Spotpress Reports / Ads must be emailed by the 15th of the month. All photos in the HEADS NEWS are subject to copyright. All articles printed herein are as submitted to the HEADS NEWS.

ADVERTISER INDEX

Air Conditioning - Ambience	11	Hair Design - Rebels	11
Ampol Service Station	15	Jet Locksmiths & Security	12
Antennas - Shoalhaven Antenna	as 13	Legal - Beau Solicitors	13
Auto Service	4	Legal - Pelican Solicitors	10
Bangalay Dining	7	Pet Feeding Four Legged Friend	s 14
Bombo Blinds	10	Pharmacy	10
Bowlo	5	Plumber - Craig Marland	12
Computer Troubleshooters	12	Podiatrist	7
Concreter	11	Real Estate First National	11
Dentist - Berry Dentist	2	Real Estate Raine & Horne	6
Fiona Phillips	13	Recycling	9
Fishing Comp Bowlo	3	Security Screens - Clear Shield	4
Golf Club	15	Travel Focus	14
H Parsons	7	Yoga	4

DEFIBRILLATORS IN SHOALHAVEN HEADS

Surf Club Ampol Service Station Shoalhaven Medical Golf Club St Peter's Church Centre **Bowling Club** Tennis Clubhouse **Outside Chinese** Mountain View Resort **Council Swimming Pool** Restaurant Coastal Palms Holiday Haven River Retreat Caravan Park **Tall Timbers Community Centre Rural Fire Service** Dr Salauddin Surgery **Heads Hote**

DATES FOR YOUR DIARY

Community Forum		Kea Cross						
Bowling Club	7pm Wed Oct 1	Bowling Club	1:30pm Tue Nov 4					
Fire Brigade		RSL Sub Branch						
Fire Shed	7pm Mon Oct 20	Bowling Club	4pm Mon Oct 6					
Lions		Social Hub						
Bowling Club	7pm Tue Oct 14	Community Ctr	10am Mondays					
Probus		VIEW Club						
Bowling Club 10	:30am Fri Oct 10	Bowling Club	5:30pm Mon Oct 13					
IMPORTANT PHONE NUMBERS								
Police Assistance Lin	ne 131 444	Kids Help Line	1800 551 800					
Police/Ambulance/F	ire 000	Shoalhaven Hos	pital 4421 3111					
Poisons Information	13 11 26	Marine Rescue	4447 4466					
State Emergency Se	rvice 132 500	Nowra Police Sta	ation 4421 9699					
Wildlife Rescue	0418 427 214	Lifeline	13 11 14					
ESSENTIAL SERVICES								
Dentist	4464 1055	Dr M. Salauddin	4448 7398					
58 Queen St Berry	1	Dr H. Muttaqi	4448 7398					
Dr Zameer Panju	4448 7105	106 Shoalhave	en Heads Rd					



112 Shoalhaven Heads Rd

Available for all aspects of general and family dentistry.

New patients welcome.

Happy Gas is now available for anxious patients of all ages.

P: 4464 1055 to make an Appointment 58 Queen Street Berry NSW 2535

COMMUNITY FORUM

- Concern was expressed at the closure of the slipway at Greenwell Point for the maintenance of boats. The general condition of the waterway infrastructure around Shoalhaven Heads is of concern as the area is a boating favourite for residents and visitors. It was suggested funds from the CMP allocated to the living shoreline be redirected to boating.
- A number of yachts have sunk, and Maritime is taking the wrecks from the waterway. The yacht on the beach berm near the closed entrance has yet to be removed.
- It is hoped that the proposed private marina on Berrys Canal may in the future provide facilities for boat maintenance.

Councillor reports Mayor Patricia White

- The Entrance Management Policy and Coastal Management Program for the Lower Shoalhaven River have been deferred by Council following Ministerial advice via Member for South Coast Liza Butler. Staff have been asked to conduct further consultation and advise Council when this has been done.
- A Mayoral minute was agreed to send a maintenance crew to Midcoast Council to assist repair flood damage to roads and other infrastructure.
- Weather watchers are predicting high rainfall in October 2025 for east coast NSW which may see flooding.
- Mayor attended the Coastal Council conference on Sunshine Coast –some presentations are online and there were many conversations about recover and resilience
- Mayor attended the SEATS transport strategy meeting where discussion on the Kangaroo Valley bridge revealed that \$500k is to be spent on planning for a new bridge. In the meantime, a Bailey bridge may be used.
- Council accepted the Silver award for Huskisson. Huskisson won the Silver Award for the Top Tiny Tourism Town at the Australian Top Tourism Town Awards in 2025.
- On a recent visit to Canberra the Mayor noted the number large trucks using MR92 illegally, while Kangaroo Valley bridge has a load limit, and recommended drivers take care on this road.
- Country Mayors meeting discussed how the waste facilities are filling fast and running out of options.
- Senior Police gave a presentation at the Country Mayors meeting and spoke of youth crime becoming a real issue in small communities. In Nowra Council rangers are working with the police to ensure the CBD is safe. There are 29 vacant shops within the Nowra CBD.
- Mayor White has been approached to discuss major redevelopment in the Nowra CBD.
- Police numbers are down, and police time is stretched with court attendances they are now able to appear via video link to save time.
- The new CEO will be appointed shortly, and an Acting Director of Planning is starting. The position of Director of City Services will be advertised, and Andrew McVey has been appointed as the Director of Shoalhaven Water.
- The annual accounts for Council for 2024/2025 will be presented in the next Council Business Paper it is understood the deficit has been reduced from \$28m to \$17m and work is continuing to ensure the financial sustainability of Council.
- A Councillor has resigned, and the position will be Norfolk Pine mulch which is keeping the weeds down. filled by a count back from the last election.
- Q. What was the outcome from the SEATS discussion on Kangaroo Valley bridge and Main Road 92?
- A. The escarpment from the coast to the inland has 5 crossings and all have issues. There are three Councils who have MR92 going through and a general agreement that between \$50m and \$200m is required to upgrade MR92. The State Government is aware of the issues and impost on freight costs. One avenue to VIC



Care of dune by the Dunecare group

has had the road limit changed from 100km to 50km making the road unsuitable to freight vehicles. Longer trips require two drivers to cover the hours.

Shoalhaven Heads Estuary Taskforce - Phil Guy

Phil noted that NSW Maritime have their Maritime Infrastructure document on exhibition with feedback welcome until 3rd October.

Phil noted a project from the 2019-2024 Plan 20 berth Marina at Greenwell Point, not delivered. From the South Coast Boating document in 2023 upgrades to Crookhaven Boat ramp. Maritime Safety Plan 2026 published in 2023 a consolidation of projects (mostly not delivered). September 2023 Boating Now Review, Maritime Infrastructure Discussion Paper 2025. Shoalhaven received two grants across the whole of the LGA \$350 which is \$200k for a Plan and \$1.5m to upgrade the Boat Launching Ramp at Ulladulla.

Lots of words and vision but our facilities at Shoalhaven Heads remain very much substandard with no future funding identified.

Meals on Wheels - Kim McGuire

All volunteers have been super busy again due to the 15 th Sept. change over to our Spring/Summer menu, as well as the high number of client numbers and rising. Some of our new meals are- Lamb coconut curry, Bangers and mash, Salmon patties and Chicken Italian style as well as our popular faves of all the popular roasts, prawn curry and French chicken casserole.

We have recently received a generous donation from our Bowlo, which, along with some contingency funds, we are able to begin our kitchen update.

Next week sees the installation of our new multifunction e electric oven, as well as some induction bench top units. This new equipment will allow for more meals to be cooked in a timely manner, without the juggling of oven space that is occurring currently. The cooktops will enable us to dispense with unreliable electric frypans.

At our recent AGM all current committee regained their positions unopposed, except for the Client Coordinator position. I stood down from this position which I have held for more than 6 years as I am looking to travel with my husband. It is a most rewarding position as it enables the position holder to get to know our wonderful clients, so I encourage anyone with a little time on their hands to consider it. It is suitable to someone with people skills with just a little data entry and training is happily provided. I will miss it and being on this great committee. Please contact Viv (our volunteers coord.) if you want more info. Her no. is in Heads News in the Community Directory.

Bushcare - John Gilchrist

- River Road Group weeding and mulching with Norfolk Pine mulch which is keeping the weeds down.
- The group is short of volunteers so please community can you spare an hour occasionally.

Dune Care Group - Claude Domio

- Claude is very happy with the progress of the group and the work done to date
- Apparently, the Council sand fences will be installed at the end of September. There is a need to have the sand fences installed to protect the plans. The group



FISHING

C L A S C C

S4000 IN PRIZES

23 November 2025

RSVP 1/11/2025

ENTRY FEE

\$10pp (\$5 for juniors)
Includes lunch, entertainment
and entry fee
Entries Close 1/11/25

Sussex Inlet RSL, The Heads, Greenwell Point, Gerringong Hotel and the Heads Bowlo Fishing clubs and Shoalhaven Heads Community are welcome to enter.

Fishing commences

12:00am Friday 21st November

Fishing is completed at

the closure of the Weigh-in compound at 1:00pm sharp Sunday 23rd November (all Friday, Saturday and Sunday morning inclusive) **Weigh-in** 11:00am to 1:00pm Sunday 23rd November in the Bowlo Garden area

Lunch at 1:00pm. BBQ Steak/ Sausage sandwich.

Presentation at 2:00pm **Raffles** during the afternoon.



All inquiries

SHBRC Fishing Club President:

Scott Tyrrell - **0447 782800** or

SHBRC Fishing Club Secretary:

Rob Macartney - 0413 939213



SHOALHAVEN HEADS AUTO SERVICE

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MONDAY TO FRIDAY 8.00 am to 5.00 pm





at the Community Centre
Private classes are available

Certified Yoga Teacher

Call Tania 02 4448 7833

Community Forum Continued...

now have some funding, thanks to the Lions Club stepping in an obtaining grants and are now installing protection around the plans. In addition, sweeping and edging is keeping the area looking better loved. Well done

Community Centre- Jenny Edwards

AGM was held on Tuesday the 19/8/25. Elections as follows-

Chair - Jenny Edwards.

Vice Chair - Ray Orr.

Treasurer - Peter Moate.

Minute Secretary - Christine Talbot.

Booking Officer - Jenny Edwards.

Committee - Ron Thomas, Rob Bell, Jan Turbill, flooded in for many days at a time. Christine Talbot, Guido Tabone. 2. Guido remarked on the great

Red Cross:-

A morning tea will be held on Saturday the 4/10/2025 in the Burrawang Room at the community centre from 10:30.

Also, tea, coffee and sandwiches will be available from the kitchen from 8.30am.

Shoalhaven Heads Native Botanic Garden - Tom Korevaar

Tom reminded all that the Plant sale is 14th September with music, BBQ and tea and coffee on sale.

Golf Club - Rob Russell

3rd October will be 10th year that the Golf Club

has fund raised for Shoalhaven Cancer Care and have raised approx. \$150k over the past nine years. The golf club is the number one fundraiser and have 118 players booked in, full house, and aim to raise \$30k on the day.

Lions Club - Rob Russell

Rob noted the sad passing of our past President John Moore. Lions will be providing food at the Kismet fair on Saturday 4th October at the Community Centre. Lions will be assisting with the Bowling Club elections and was pleased to receive a Club Grant to assist the Dune Care Group.

General Business:

- 1. Guido noted people around Taree have endured several floods and he spoke of friends who have been flooded in for many days at a time.
- 2. Guido remarked on the great job being done by Jenny Edwards to manage our local Community Centre. Many of our community use the centre and it is a great facility being managed to a high standard. Thank you, Jenny and helper.
- 3. A general note of thanks was given to those on the executive of the Forum who are continuing to serve and have served recently.
- 4. A discussion was held on the date of the next meeting as it falls in school holidays. It was agreed that the next meeting will be held on 5th November.

Community Forum

COUNCIL IN THE SPOTLIGHT AT THE HEADS

River Mouth Decisions Still Unresolved

The Shoalhaven River entrance remains one of the most sensitive issues for residents of Shoalhaven Heads. Council's draft Entrance Management Policy, now on public exhibition, sets out the trigger levels that would allow the river mouth to be mechanically opened during times of flood risk.

The aim, according to Council, is to intervene only when necessary, while respecting the natural processes of the estuary. Mechanical openings would be considered when properties or infrastructure are under threat, but not for convenience or amenity.

Many locals believe the draft leaves the village exposed. Some fear that by the time water reaches the trigger point, streets such as Hay Avenue and Jerry Bailey Road could already be under water. Others feel the process is too top-down, with limited opportunity for residents to shape the details.

Mowing Schedule Leaves Residents Guessing

Another frustration for locals has been the mowing of public spaces. After repeated complaints, Council introduced an online mowing schedule as part of a 12-month trial. The schedule lists when reserves, parks and roadside areas are due for maintenance.

But residents say it doesn't show what has actually

been done. Without a record of completed work, it is impossible to know whether a site has been missed or simply delayed.

In Shoalhaven Heads, River Road Reserve has gone uncut for weeks despite being listed for monthly maintenance. Volunteer groups such as DuneCare often step in to finish the job at high-profile locations like the surf club before community events. Locals argue that without "last completed" records, the schedule is more promise than practice.

Staffing Cuts Raise Questions

Behind these service problems lies a bigger story: Council is in the middle of a major staff restructure. The plan proposes removing more than 50 positions, most of them vacant, and creating 14 new roles aligned with what Council calls "core services."

The changes follow the resignation of the CEO late last year after warnings of a serious budget shortfall. Mayor Patricia White has defended the restructure as essential to restoring financial stability, but unions have warned that up to 110 roles could ultimately go.

For communities like Shoalhaven Heads, the concern is simple: fewer staff may mean slower responses to local problems — from potholes to mowing to flood works.

Heads News

FORUM ANNUAL GENERAL MEETING

Presidents Report - Rob Russell

Once again, I would like to thank everyone who attended the monthly Forum meetings and supported the community. I want to thank and acknowledge the Forum Executive Vice President Jess, Treasurer Jan and particularly Secretary Robyn who does an amazing amount of work for many years now liaising with various Council employees, our Ward 1 Councillors and State and Federal representatives. I also want to acknowledge and thank Mayor Patricia White and Councillors Selena Clancy and Matthew Norris who regularly attended our meetings and voiced our concerns with the appropriate sections of Council.

During the course of the last twelve months Forum representatives have been actively involved in the following:

- Removal of flood debris along the river shoreline east of Carter's Corner. With regard to this project, I thank Selena Clancy for organising the group of hard working and well organised volunteers from Disaster Relief Australia and also the Heads Lions Club for catering the event.
- Attended various meetings and workshops to save

David Berry Hospital and look at various options for the facility going forward.

- Requested an extension of time for submissions regarding the Lower Shoalhaven River Coastal Management (CMP) and the Entrance Management plan (FMP)
- Formation of a Dune Care group under the leadership of Claude Domio to help stabilise the dunes around the surf club. Pleasingly, the surf club members have involved themselves with this group.
- Ensuring Council includes a mower maintenance schedule on Council's website.
- Raising awareness with Council of the poor quality of local roads that need repair work. Pleasingly, we have seen the upgrade with hot mix of the section of Shoalhaven Heads Rd from Matthews St to Bolt St.

Projects the village community would still like to see Council investigate and actively act on includes:

• Support the communities request to remove the proposed living shoreline from the CMP and ensure the license to remove mangroves from the section of river east of the River Road boat ramp remains in the CMP.

• Prioritise the upgrade of the Wharf Road boat ramp and car parking facilities.

I want to acknowledge the fantastic work of the many volunteers who work tirelessly within our village. This includes the Bushcare groups, the teams at the Botanic Gardens, Meals on Wheels, Community Centre and the RFS and the members of SHET. Additionally, I know there are many locals who regularly display good community spirit by simply undertaking tasks independently.

Finally, I would like to acknowledge the great work done by Tania and Mike at the Heads News who keep our community informed of current projects and activities.

Election of officers: Phil Guy took the chair, and the following were nominated and endorsed from the floor with no voting required.

President Julie Ashby
Vice Pres Jess Zealand
Minute Secretary S Casburn
Secretary Robyn Flack
Treasurer Jan Turbill

Rob Russell - Ex President

HEADS RURAL FIRE BRIGADE - FROM YACHT FIRES TO SMOKE DETECTORS

Hi everybody. I've mentioned in the past that training is a big part of the Rural Fire Service. You learn new skills, you perfect

them and then work to maintain them.

Training Turns Into the Real Thing

Recently we had several members going for their Fire Boat Crew qualifications. Yes, the RFS fight fires wherever they may occur. Even on the water!

During their morning session a fire aboard a vessel at Greenwell was reported - nothing like a real job to get your blood pumping.

Culburra and Greenwell Point RFS members climbed aboard a Marine Rescue vessel and Shoalhaven Fire Boat Alpha crewed by Shoalhaven Heads and Beaumont members, responded.

On arrival, crews found a 40 Foot yacht fully involved.

Once the fire was extinguished, crews assisted the HAZMAT team from Shellharbour FRNSW to deploy booms around the vessel. Nothing like a real job to check the system works.

Holiday Bus Blaze on the Mountain

The first land-based job for the month happened one Friday afternoon. A bus come campervan caught alight as it was climbing Cambewarra Mountain. We responded along with units from Broughton Vale RFB, West Nowra RFB and Nowra FRNSW. They found the fire was spreading rapidly through the bus and commenced a Direct Attack, which in layman's terms means to put water on the fire.

Three separate teams wearing Breathing Apparatus were deployed throughout the incident with the bus, in its early stages of a holiday trip, being severely damaged.

Don't Ignore the Chirp

We were at the station one Sunday morning, conducting our Weekly Checks. You know, making sure everything is in working order and in its proper place,



Camper-bus caught alight on Cambewarra Mountain

when we were approached by a local resident, enquiring why their Smoke Detector was chirping.

So off to visit the site in question, to find the fault was a flat battery. It could have been another fault but on this occasion we changed the battery for the home owner.

Batteries should be checked regularly by pressing the Test No jokes about how many firefighters to change a battery. OK! Button on the Detector's face panel and replaced an-

Did you know that the entire Smoke Detector should be replaced within 10yrs of manufacture? And if it is hard wired, ie electrically powered, even with battery back-up, you need a licensed Electrician to do the job.

We are happy to install your Smoke Detector batteries for you if you're unable. You supply the battery and we'll bring the ladder.

Community Turns Out for Get Ready Weekend

We held our Get Ready Weekend late last month. Thank you to all the people that dropped in for a chat. Several enquired about joining our Brigade but that's not what the day was about. We wanted to show our capa-





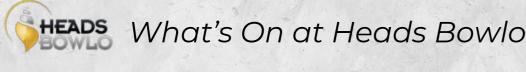
bilities, our equipment, our Fire Station, and pass some Fire Awareness to you. We were blessed with the weather which aided the impressive roll-up.

Luna - Tomorrow's

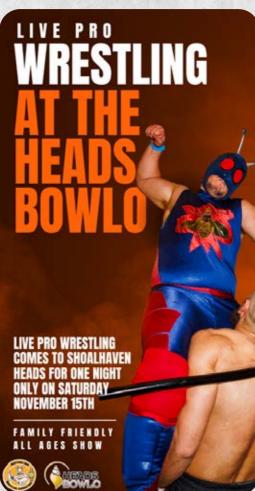
Thank you for your support.

If you're interested in any aspect of Brigade business call our Captain, Stephanie Judge on 0412 425 567.

Stay safe, Geoff Parker







RAFFLES!

every Tuesday, Thursday, Friday, Saturday & Sunday!









SATURDAYS 7PM



SAT 1ST NOV



SUNDAYS 4PM

BOTANIC GARDENS - PLANT SALE SUCCESS AND PLANT SPONSORSHIPS AVAILABLE

Hello gardeners and nature lovers. Thankyou to everyone who supported our annual plant sale on September 14, we had a perfect day weather-wise! We made just over \$10,000, 100% of which goes back into the Garden. We volunteers did think of giving ourselves a pay rise but, you know, double nothing is still nothing!! Congratulations to the happy winners of our raffle: 1st Des; 2nd Jan; 3rd Pieter. It means there is room again in our nursery to propagate more plants for next year.

Thanks must also go to our neighbours, the preschool, who let us use their power for our urn. We are applying for grants to get solar power to our shed, so far that has been unsuccessful.

Another fund raising project we have is tree/plant sponsorship. For the one-off cost of \$500, a green information plaque with the sponsors name at the bottom is located in front of the plant (see pic). These plaques, as well as raising the funds for the plant, play an integral part of our mission which is education. Any questions



can be answered by emailing our secretary (Tom) at secretary@shnbotanicgarden.org or on 0429 012 796 during week day business hours. Or call in during our working bees on Monday morning between 8 & 9.30am and pick up a form and talk to our volunteers, we'll even provide a cuppa!

Of course, we will accept donations at anytime. You can donate through our website



Example plaque available for sponsorship

www.shnbotanicgarden.org. I'm off now to plant the plants I bought!

Chris Lawrance

SHOALHAVEN HEADS RSL SUB-BRANCH

In September, The RSL together with the Shoalhaven Heads Bowls hosts a very successful bowls day for Legacy, the day was attended by 60 bowlers from around the local area. The event raised over \$4,000 for Legacy—thank you to the club and everyone who attended.

October Anniversaries

- 3 October Vietnam Forces Welcome Home Parade, Sydney (1987)
- 31 October Charge of Beersheba (1917)

Charge of Beersheba (1917)

The battle of Beersheba took place on 31 October 1917 as part of the wider British offensive collectively known as the third Battle of Gaza. The final phase of this all-day battle was the famous mounted charge of the 4th Light Horse Brigade. Commencing at dusk, members of the brigade stormed through the Turkish defences and seized the strategic town of Beersheba. The capture of Beersheba enabled British Empire forces to break the Ottoman line near Gaza on 7 November and advance into Palestine.

Late on 31 October 1917 the 4th Light Horse Brigade was ordered to gallop towards Beersheba and seize the town. Two regiments, the 4th and the 12th, made the charge. This bold and successful move was one of the last major cavalry charges in history. Lambert's work depicts the impact of men and horses on the Turkish troops and trenches. A tangled mass of horses and



Charge of Beersheba - from The Lighthorsemen film

soldiers is shown against a backdrop of barren and undulating landscape. The buildings of the town are just visible on the horizon at left.

"LEST WE FORGET"

Peter Young - President

Raine & Horne

Thinking of selling?

Danielle Harris 0407 233 030





* Spring Selling Season in Full Swing!

Spring has arrived, and so has the busiest selling season of the year! We're seeing an incredible number of motivated buyers looking for their perfect property in Shoalhaven Heads and surrounds.

Many homes are selling quickly — with several moving off-market before they even reach the public! If you've been thinking about selling, now is the perfect time to take advantage of the strong demand and showcase your property to ready buyers.

Call Danielle Harris for a FREE Market Appraisal

and find out what your property could be worth in today's market.



53A Scott Street



3 🛱 1 🕞 1 7 Mathews Street



4 🖨 2 🖘 2 22 Golden Hill Avenue





3 🗐 1 😂 2 2 Oval Drive













21 Explorer Blu



🛁 4 는 3 🖘 13/30 Staples Street



36 Mathews Street

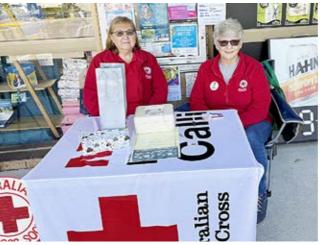
₽5 **₽**3 **₽**

RED CROSS - LOCALS WIN THE FATHERS DAY RAFFLE

We hope all our Shoalhaven Heads fathers were celebrated with much love and affection on Fathers' Day. A huge Thank You to all those who bought Fathers' Day raffle tickets and a very special Thank You to those who generously donated. Congratulations to the winners, Chris, Wendy and Alan - all locals. Our Red Cross ladies will be at it again in December, selling raffle tickets outside the bottle shop. Please keep an eye out for them.

In the meantime, our next Red Cross Morning Tea will be held on the Saturday of the long weekend, 4th October. We will be in the Burrawang Room at the Community Centre from 10.30-12noon. Please join us for coffee and something tasty to eat.

The last official meeting for 2025 will be Tuesday 11th November at the Community Centre commencing at 1.30pm. Our December meeting will be our Christmas get together. Visitors and new members are always wel-



Lots of very friendly people came up to say Hi! as we sat selling raffle tickets outside the Bottle Shop.

come to our meetings. For more information, contact Jenny Edwards on 0418 100 151. Pat Loveridge



VIEW - NEW MEMBER, STUNNING BIRDS

At our September meeting we were delighted to welcome a new member, Jenny, to our Club, and look forward to sharing happy times with her.

We were joined by our guest speaker, Peter Noakes who spoke on what had first been a photographic hobby but grew into a passion for the beautiful birdlife

which abounds in Australia with many species making their home on the South Coast. Peter's presentation brought to life beautiful birds from all over Australia.

Sue gave the vote of thanks to Peter on behalf of members.

VIEW (Voice, Interests and Education of Women) is proud to be the largest community sponsor of The Smith Family's Learning for Life program, which provides students with financial, educational and personal support, which is crucial, particularly in the current economic climate. It is also the largest community sponsor of students on The Smith Family's Learning for Life program with our own club supporting 3 students through its fundraising activities.

We always welcome new friends to VIEW and hope you can join us at our next meeting on Monday 13th October 2025, 5.30 for 6pm at Shoalhaven Heads Bowling Club.

At this meeting we will celebrate our club's 48th



VP Carole and Jenny



birthday as well as VIEW's 65th Blue Sapphire Anniversary. Members may wish to wear a touch of blue.

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LOCAL COMMUNITY DIRECTORY

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CLUB	CONTACT	PHONE	MEETINGS		
Beer Appreciation	Mike Howard	4448 7833	TBA each month		
Botanic Garden	Tom Korevaar	0429 012 796	Working Bee 8am every Monday at 9 Celia Parade		
Bowlo Fishing Club	Scott Tyrrell	0447 782 800	Weigh-in last Sunday of each month		
Bushido Judo Club	Darren	0409 920 711	Tue 5:30-7:30pm - Community Centre		
Community Centre	Jenny Edwards	0418 100 151	Contact Jenny for hiring of the Community Centre		
Community Forum	Robyn Flack		1st Wednesday of month at Bowlo at 7:00pm		
Computer Club	Alan	0416 008 406	10:30am every Wed at the Bowling Club		
Cricket	Ted Street	4464 1142	Season October to April		
Fire Brigade	Stephanie Judge	0412 425 567	3rd Mon at 7pm Training - Sun 9am - 12 noon		
Garden Lovers Group	Laurie Talbot	0428 441 667	2nd Thur of the month - 1:30pm at the Com Centre		
Golf Club	Club House	4448 8683	Open 7 days a week		
Handicraft Group	Marilyn McMahon	4448 7756	Wednesdays 9am to 11am at the Community Centre		
Heads Fishing Club	Ion Lloyd	0424 705 520	2nd Sunday of the month BBQ & Weigh-In 1:00pm		
Jerry Bailey Children's Centre	Staff	4448 7524	Open 8:00am till 6:00pm Mon - Fri		
Lions Club	John Moore	0417 027 692	2nd Tue of the month 6-7pm at the Bowlo		
Meals on Wheels	Deborah Getley Viv Jones	0402 855 332 0413 290 869	Meals cooked Wed & Fri and delivered Mondays		
Men's Shed	Pat Duggan	0473 120 615	Mon, Tue, Wed 9:00am - 12 noon Celia Place		
Pickleball	Christine Talbot	0419 465 995	Mon, Tues & Wed 7pm, Thur 9am, Sat 3pm		
Playgroup	Shannon Opel	0484 098 388	Mon, 10:30-12 at the Bowlo (in school terms)		
Probus Club	Maggie Pye	4448 5913	2nd Fri of the month 10:30am at the Bowlo		
Public School	Office	4448 7174	Ravenscliffe Road, Shoalhaven Heads		
Red Cross	Jenny Edwards	0418 100 151	1st Tue of odd months 1:30pm at the Com. Centre		
RSL	Paul Bounds	4448 8284	1st Monday of month (4:00pm) at Bowling Club		

TIDES River tide is lower & approx 1 hr behind (when mouth is closed) the ocean tides shown. General info only - not for navigation.

			or ioi manganom
Wed 1 Oct	H 22:03 1.59m	H 17:36 1.53m	H 10:29 1.65m
		Fri 17 Oct	
L 08:24 0.75m	L 04:04 0.25m	L 00:23 0.38m	H 23:02 1.22m
H 15:10 1.41m	H 10:24 1.82m	H 06:33 1.28m	Sat 25 Oct
	L 16:52 0.17m	L 12:15 0.57m	L 04:30 0.56m
Thu 2 Oct	H 22:56 1.47m	H 18:30 1.53m	H 11:03 1.63m
H 04:27 1.08m		Sat 18 Oct	L 17:49 0.43m
L 09:40 0.71m	L 04:47 0.34m		H 23:45 1.17m
H 16:16 1.48m	H 11:12 1.84m	H 07:14 1.37m	Sun 26 Oct
L 23:14 0.43m		L 13:06 0.51m	L 05:04 0.61m
Fri 3 Oct	H 23:53 1.34m	H 19:15 1.51m	H 11:41 1.59m
H 05:17 1.17m	Sat 11 Oct L 05:32 0.45m	Sun 19 Oct	L 18:34 0.47m
L 10:42 0.62m	L 05:32 0.45m	L 01:36 0.36m	Mon 27 Oct
H 17:10 1.56M	H 12:03 1.80m	H 07:49 1.45M	H 00:31 1.11m
	L 18:55 0.27m		L 05:44 0.67m
Sat 4 Oct	Sun 12 Oct		H 12:23 1.54m
	H 00:56 1.21m		L 19:27 0.51m
	L 06:23 0.55m		Tue 28 Oct
	H 13:00 1.73m		H 01:24 1.07m
Sun 5 Oct	L 20:06 0.34m	L 14:33 0.42m	L 06:32 0.72m
	Mon 13 Oct		H 13:13 1.48m
	H 02:08 1.12m		L 20:28 0.53m
	L 07:24 0.64m	L 02:34 0.39m	Wed 29 Oct
	H 14:04 1.65m		H 02:28 1.05m
	L 21:22 0.38m	L 15:12 0.39m	L 07:32 0.75m
	Tue 14 Oct 🌗		
H 08:17 1.54m	H 03:30 1.10m		H 14:12 1.44m
L 14:15 0.30m			L 21:32 0.52m
H 20:27 1.71m			Thu 30 Oct
Tue 7 Oct 🔵	L 22:34 0.40m		H 03:39 1.08m
		H 21:46 1.34m	L 08:47 0.76m
H 08:57 1.66m	H 04:47 1.13m		H 15:19 1.44m
L 15:05 0.22m	L 10:01 0.69m		L 22:31 0.47m
	H 16:32 1.54m		Fri 31 Oct
	L 23:34 0.39m		
		H 22:23 1.28m	
H 09:39 1.76m	H 05:47 1.20m	Fri 24 Oct	H 16:26 1.46m

L 15:58 0.18m L 11:13 0.64m L 03:58 0.51m L 23:20 0.40m

CLUB	CONTACT	PHONE	MEETINGS
Rugby Union	Greg Murphy	0411 255 060	Season April - September
Soccer - Registrar	Chris Firth	0411 524 747	rego@shbfc.com.au Season: April - September
Social Golf - Bowlo	Bowling Club	02 4448 7154	Golf Club
Social Hub	Robyn Flack	4448 7208	Mon 10-12 at Com Centre (during school terms)
Surf Club	Karl Poulton	0401 824 335	Patrol Sep to Apr Nippers Oct to Apr
Tennis	Christine Talbot	0419 465 995	Mon & Wed 9am, Tues 7pm
VIEW Club	Sue	0408 620 527	2nd Monday of month at Bowling Club at 11:30am
Women's Social Bowls	Rose Denholm	0499 057 462	Meetings - Every Tuesday @ 10am at Bowling Club
Yoga	Tania	4448 7833	Mon & Wed 5:30-6:30pm Community Centre

JUSTICES OF THE PEACE

Carol Orr 0418 276 808

HAVE YOUR SAY ON OUR POST OFFICE CLOSURE

Our village Post Office has closed. If you want Australia Post to understand how this affects Shoalhaven Heads, lodge a complaint or feedback here: https://auspost.com.au/about-us/corporate-information/complaints-and-feedback

Please keep comments courteous and focused on some way of restoring a local Post Office in Shoalhaven Heads.

Useful points to mention: needing to travel for basic services, parcel pick-ups, bill payments, and the impact on older residents.



Heads News

If any of the above information is out of date or incorrect, please contact tania@headsnews.com.au with the correct information.

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BUSHCARE - REMOVING LANTANA TO CACTUS

During September, River Rd Group continued to mulch and weed above the rock wall. More planting is planned west of the rock wall to mitigate increasing erosion, and Ron and Ed have been treating weeds between the rock wall and the

Coolangatta Mountain Group have been busy clearing Lantana, Tobacco, Senna and Moth Vine and are planning a working bee on Sunday 19th October at 9.00am.(Contact Jess 0432173862)

Shoalhaven Heads Group have been clearing Lantana, Senna and Asparagus Fern near the Water Treatment Plant. Thanks to good neighbour Nick, for all his hard work.

Cactus plants (garden escapees) were removed from beside the Dunes Track and Ron and Ed removed the fallen tree.

Golfers group has been busy restocking the nursery, removing lantana regrowth north of the Bridle Track, and planting in the hind dunes north of the Surf Club.

Do not dump garden rubbish and lawn clippings in bushland as it is hard to remove once it regenerates. Ticks, snakes and leeches are active and shore birds are nesting, take care going into the bush.

Golfers Group meet on Mondays at 7:00am in SHGC car park and the Heads Group meet every Tuesday at 7:30am at various sites.

If you are interested in helping with this rewarding



Marysia & Kim clearing lantana near the Water treatment works

experience please contact the coordinators. Heads Group and Golfers Group; Noel 0428400790, River Rd Group; John 0405217509, Mt Coolangatta Group; Jess 0432173862

Noel Schneider

SHED NEWS - MOSAICS KICK OFF AS THE DOORS OPEN WIDER

Hello all Shedders,

We now have our new Courses being setup and we hope that anyone in the Community will avail themselves of the chance to enrich their lives. We had the first Mosaics instruction Thursday 4th September.

We will remind you all of our Garage Sale Trail day, 16th November in the upcoming months we will have a variety of goods for sale, so please come out & support your Men's Shed.

Men and women are welcome to join in and have a coffee, or just enjoy a good chin wag, you are welcome.

We are open Monday, Tuesday & Wednesday from 9:00am - 12:00pm. As we move forward we will be able to give you more times in which the Shed will be open.

If you need help with a clear out of your garage please give us a call on 0490 910 461. We are here to be of service to the community so just call and we will see



need help with.

what we can do, that also goes for any loose and broken chairs, or anything else you may

So until next month, please stay safe. P. Duggan - Secretary/Treasurer







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PROBUS - CHOCOLATE, WALKS, WINE AND MORE

Welcome to the October Probus newsletter. A few days ago 25 members of our Probus group took advantage of the beautiful Spring weather to get together and enjoy lunch at the renowned Berry Treat Factory whilst also taking the opportunity to tour their famous Chocolate Shop - and judging by the treat bags slowly leaving the building, not many came away empty handed with the temptation proving too strong for those sweet tooths amongst them.

With the weather proving more favourable, our Gourmet Wanderers walking group made another attempt at visiting the historic town of Berrima, touring the old Courthouse and lunching at the Surveyor General's Pub, concluding the day with many satisfied smiles all round and another memorable Probus adventure.

Last month's guest speaker Darren Fagan, gave a great presentation on fall prevention & recovery.

Guest speaker this month is Gavin Dostal David from Manildra, Environment & Sustainability. Gavin will be giving a presentation on recent developments at Manildra and their commitment to increasing community engagement and support.

Our Wine Appreciation Group WAGS continues to enjoy their monthly get together with our wine connoisseurs not making it any easier for those guessing that elusive drop.

There is always something happening at Probus and anticipation is building for our annual trip in mid-November to 'Linger Longer at Yarrawonga' Murray River and Ned Kelly high country, which promises to be exceptional.

On 13th October, a casual BYO Picnic has been organised at the Surf Club picnic & BBQ area commencing at 10am (weather permitting) for members



David thanking Darren Fagan for his presentation

and their friends. Easy fish & chips options can be purchased at the local Heads Takeaway. This would be a great opportunity for anyone considering joining Probus to come along and enjoy the afternoon.

So dust off those walking shoes, polish your wine glasses and keep your calendars handy - there's never a dull moment with Probus, always ready for another adventure and perhaps a sneaky chocolate or two!

The next Probus meeting will be held on Friday10th October when we look forward to welcoming new faces. Meetings are held on the second Friday of each month at the Heads Bowling Club, commencing at 10:30 am. If you are interested in attending our informal gatherings as a guest or would like further details, please reach out to our President, Linda Steyne, at 0413 018 440.

Kerry Kells - Publicity Officer

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Welcome to Spring in Shoalhaven Heads

Spring has brought a fresh wave of interest to the Shoalhaven Heads property market, with buyers captivated by its coastal charm, riverfront lifestyle, and strong community spirit. The season is heating up, with more homes hitting the market and active buyers including downsizers, sea-changers, first-home buyers, and investors ready to make their move.

If you're looking to buy or sell, contact **Jason on 0403 648 375** or **Lilli on 0498 473 247** for expert guidance on all your property needs.





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10c Davenport Road New to Market



17/30 Jerry Bailey Road \$650,000 - \$690,000



10A Davenport Road New to Market

77 Shealbayon Heads Board

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3 Jerry Bailey Road \$854.000



4/15a Davenport Road



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10d Davenport Road \$1,480,000



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\$950,000



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5/90-92 Jerry Bailey Road \$500.00 Per Week



3 Jerry Bailey Road



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A ROAST DINNER WITH A MODERN TWIST

Remember the days when a Sunday dinner invariably meant a beautifully browned fowl surrounded by roast vegetables emerging majestically from the oven.

Those days are gone and when you see a recipe like this beauty from Adam Liaw for a fennel roasted chicken, you can't help but applaud.

Instead of a set piece which might keep the cook busy for hours, this is something that - once marinated - is in the oven for about 40 minutes.

Served with sautéed potatoes and some steamed vegetables it's even a candidate for a midweek meal.

Fennel roasted chicken

Ingredients

- 1 whole free-range chicken (about 1 tsp dried oregano 1.7kg)
- 2 tsp flake salt
- black pepper, to season 1 tsp fennel seeds
- 1 tsp dried thyme
- ¼ cup olive oil
- 2 brown onions, cut into wedges 1 fennel bulb, cut into wedges
- (fronds reserved for garnish)
- 15g butter

Method

Step 1 Heat your oven to 220°C fan-forced (240°C conventional). Using kitchen scissors, cut the backbone out of the chicken and place the chicken in a large bowl. Rub it all over, including the underside, with the salt, black pepper, fennel seeds, thyme, oregano and olive oil. Stand uncovered for an hour if you can. Scatter the fennel and onion in a roasting



tray and place the chicken on top, pouring any oil and herbs left over the top.

Step 2 Roast in the oven for 40 minutes, finishing with the grill if needed to produce a nicely browned skin. Remove the chicken to rest for 15 minutes.

Step 3 While the chicken is resting, place the roasting tray over medium heat and add the butter. Fry the onions and fennel until caramelised. Add a little water or stock, if needed. Serve the fennel and onions with the chicken.

Uncle Tim

HELP COUNT THE INSECTS THAT KEEP AUSTRALIA ALIVE

What you can do this spring to fill the gaps in insect science.

Spring is here and the bush is buzzing. Magpies are calling at dawn, wildflowers are opening, and the air hums with bees, dragonflies, and flying ants. Yet while insects are everywhere, we don't really know how they're doing.

Australia has some of the richest insect life on the

planet, but we don't collect long-term data to track it. That means we don't know if native bees are holding steady, if butterflies are in decline, or if pest species are booming.

In Europe, decades of monitoring have revealed a dramatic collapse in flying insects - up to 75% lost in some areas. Here, the bogong moth offers a warning. Once so abundant its migrations darkened the skies, its numbers have fallen by more than 99% in some regions. The endangered mountain pygmy possum, which depends on the moth for food, is now at risk. These chain reactions remind us: when insect populations crash, everything that relies on them - from animals to crops - can be hit.

Spring is the key moment for collecting data. It's when pollinators emerge, decomposers recycle nutrients, and food webs are built for the year ahead. Miss this season

and you miss the peak. Without solid data we can't spot changes early, like insects emerging sooner as temperatures rise, or species disappearing altogether.

How you can help

• Join a project - The Christmas Beetle Count and Great Southern Bioblitz collect sight-

ings across the country.

- Upload your photos Apps such as iNaturalist and Seek feed records into global databases scientists use.
- Check local events Councils and community groups run moth nights and beetle hunts that pool data.
- Keep at it Repeated records over weeks and years are more valuable than one-off sightings.

By recording and uploading what you see, you help build the baseline scientists urgently need. Insects pollinate our food, feed birds, and keep ecosystems turning. Your simple log could be the difference between noticing change early or realising too late.

This article is adapted from an original piece published on The Conversation by Eliza Middleton and Caitlyn Forster.

Heads News

POWER TO PROTECT

The football final season brings with it disturbing trends. Agencies report an increase in incidents of domestic violence against women, often related to alcohol and gambling issues. As a church we've been running termly Men's Breakfasts at which we've been considering what true masculinity looks like, applying the following test: Do the women around us feel safe in our presence? A woman's unease may be caused by behaviour that's over-bearing or controlling. Equally it may arise through a man's failure to take appropriate measures to protect. Essentially, this latter scenario was the failure of Adam in the Garden of Eden when

he just sat back, doing nothing to protect Eve against the abusive intent of the snake. Jesus was a man in whose presence both women and men felt safe. He was known as a defender of the oppressed and protector of the vulnerable. He displayed a love for others that many people had simply never experienced before. Many people today still claim to know Jesus and receive the same comfort and protection from him, not just from danger in this life, but also from peril in the life to come.

Craig Langstaff, Rector. St Peter's Anglican Church

CHURCH SERVICES ST PETER'S ANGLICAN CHURCH Reverend Craig Langstaff (02) 4448 8179 Cnr Scott St & Booner Dr, Shoalhaven Heads Sunday Service Times 8:30am; 10:15am (with Kids Church) and Night Church 5pm Online Church can be accessed at spsh.org.au

250g Rolled Oats

secondary)

secondary)

500g frozen Strawberries (add to

• 500g frozen Banana (add to

BEER APPRECIATION GROUP - S'HEADS

Greetings beer enthusiasts, beer connoisseurs and home-brewers. Normally

this time of year I'd be getting excited about German beers and Oktoberfest, time to move on to something different, bold and exciting. In the ever-evolving world of craft beer, the smoothie sour is challenging traditional ideas with a fruit-forward, thick, and tangy brew that's as much of a dessert as it is a drink. Sometimes described as a cross between a smoothie and a beer slushie, the smoothie sour is brewed with massive amounts of fruit, lactose (milk sugar) and adjuncts like vanilla, cinnamon or even marshmallows. The result is a thick and viscous beverage with low to moderate alcohol, finishing with a tart punch of lactic acid.

The style itself began in the back sheds of boundary pushing breweries in the U.S. and has exploded in popularity over the last few years. Pioneering breweries include 450 North Brewing Co. (Indiana), Funk Brewing (Pennsylvania) and Drekker Brewing Co. (North Dakota). Breweries to check out in Oz. are One Drop (Botany), Deeds brewing (Glen Iris) and Seeker Brewing (Unanderra).

Strawberry Banana Smoothie Sour

OG: 1.066 FG: 1.016 IBU 38 ABV 6.5% Batch size:

Ingredients Fermentables:

- 2.3kg Pale Malt
- 2.3kg Pilsner Malt
- 1kg Wheat Malt • 500g Lactose (10 min boil)
- Target mash temperature to start is 66C (hold

for sparge out. **Boil** wort for 60 minutes adding hops as indicated.

for 60 mins). Raise to 74C

Hops: 28g Idaho Gem. Add and boil 60 mins. Add lactose with 10 minutes left on the boil. Cool to 20C and ferment.

Yeast: Lallemand WildBrew Philly Sour

Primary ferment for 7

days at 20C. Transfer to secondary and add frozen fruit (defrost in packet then smash it all up before opening and tipping in. Use a hop bag to reduce sediment). Keg after 5 days.

In beer we trust, happy and safe brewing, cheers!

Heads Brewing Co

20L

WILDLIFE MATTERS - PEOPLE VERSUS WILDLIFE

Tourist season is here soon and is great for local businesses, however, not always great for our wildlife.

The human population in coastal towns, often doubles in holiday seasons and puts stress on natural environments and those native animals which are an integral to it.

All our local birds, bats, reptiles, and mammals should be protected by us. Native animals should not be fed, handled, harassed or interact with our domestic pets.

Feeding native animals, especially birds, is not good for their health. Outside of their natural diets, human foods are unhealthy, fatty and make animals sick or kill them. They also will eat less of their natural diet of nectar, termites, rats, mice, snakes or bugs. They don't need us to provide a buffet for them.

The fact is, when we feed or handle our wildlife, we change their natural behaviours. They slowly lose their



hunting and foraging skills; they seek food in overflowing rubbish bins and consume other waste.

When Christmas and New Year's celebrations are over, and our visitors return home, they do not see their impacts on our coastal environments.

There will be deaths on the road, sickened animals, children chasing wildlife and throwing things at them, all of which are detrimental to wildlife.

Please educate yourself and our visitors, take wildlife photos, but let our wild animals remain wild.

If you find any injured wildlife, please call your local rescue group by using the IFAW app on your phone.

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Contact us at any time:

Mobile: 0432 925 006 Email: pauline@beausolicitors.com.au Appointments in your own home or at my home in Shoalhaven Heads





PUZZLES

There is only one rule for completing a sudoku: Numbers 1 to 9 must be in each column, row and 3x3 box

6	7	8						
1			5	9				
				1				7
	3					1		
7			8		3			9
		5					4	
2				7				
				4	6			1
						3	5	6

KENKEN

Fill in the numbers from 1 to 6 in each row and column.

The dark outlined areas are called cages. At the top left of each cage is a target number and operator. The numbers in a cage must produce the target number using the operator (+ plus, - minus, x multiply

60x 21+ or / divide). Eg 6x in a

3 cell cage could be 1,2,3 (1x2x3=6)

9 LETTER CONUNDRUM

Υ	T	N
R	Е	С
Р	Е	D

Make as many words 4 letters or more including the 9 letter word. No plurals ending in 's.' Each letter can only be used once and each word must use the centre letter. The dolphin on the front page is a clue.

21 words: Good, 35 words: Very Good, 46 words: Excellent

September's Sudoku

-								
2	4	8	7	9	1	6	3	5
3	1	7	5	6	4	2	8	9
6	9	5	8	2	3	7	4	1
9	3	4	2	5	6	1	7	8
8	6	1	4	7	9	3	5	2
7	5	2	1	3	8	4	9	6
4	2	6	3	8	5	9	1	7
5	7	3	9	1	2	8	6	4
1	8	9	6	4	7	5	2	3

September's KenKen

¹⁸⁺ 4	6	5	^{6x} 3	1	² 2
6	5	3	1	2	60x 4
9+ 1	2	48x 4	6	5	3
2	4	6	5	3	1
⁸⁺ 3	1	2	4	²¹⁺ 6	5
5	^{3/} 3	1	² 2	4	6

September's Conundrum

PETRICHOR, rhetoric, pitcher, tropic, erotic, hector, troche, porter, pother, rector, report, thrice, chert, trope, optic, other, tripe, picot, pitch, trice, torch, topic, recto, retch, toper, throe, thorp, their, rote, rite, cite, tier, tire, tope, chit, port, poet, tore, pith, trio, trip, pert, itch, etch, cote, riot



LIONS CLUB - VALE JOHN MOORE

Recently we received the sad news that John Moore had lost his battle with leukae-

mia. John was a quiet achiever who always found time to help others. He was a valued member of our club, and he will be sadly missed.

The Dune Care group have been busy most Wednesday afternoons (weather permitting) working on the area adjacent to the surf club. Through the funds obtained through the successful club grant applications we have purchased materials and tools required to help stabilise the dunes.

The beginning of October will be a busy time for our club. On Saturday 4th October we will be selling sausage sandwiches, hot dogs and drinks at the Kismet extravaganza at the Community Centre.

The Heads Bowling Club have asked us to run the Board of Director elections which commence on Saturday 4th October and continue through to Friday 10th October.



Doggy poo bags now available at Coral Tree reserve

Our next meeting will be held on Tuesday 14th October at the Bowling Club at 7pm. We normally meet in the Coolangatta room and if interested in learning more about Lions please feel free to come along and

Rob Russell - President

BOLIVIA: THE MOST SPECTACULAR COUNTRY YOU'VE (PROBABLY) NEVER THOUGHT TO VISIT



When I told friends I was heading to Bolivia, the responses were mixed. Some weren't sure where it was, others asked if it was safe, and a few knew only of the salt flats. What I found was a country full of surprises. It was wild, beautiful, and like nowhere else on earth.

The landscapes are staggering. Laguna Colorada features a pink lake dotted with flamingos and the high-altitude scenery feels otherworldly. Drive a few hours and you'll reach Salar de Uyuni, the world's largest salt flats. After rain, they turn into a vast natural mirror. Walking across it feels like stepping onto another planet.

In La Paz, the world's highest capital city, houses are jam packed down the steep hillsides and The Witches' Market offers everything from herbal remedies to good luck charms. Then there's Lake Titicaca, a



deep-blue lake where island communities still live on floating reeds. Isla del Sol, with its Incan ruins, feels frozen in time.

Bolivia isn't always easy. It is remote, rugged, and unpredictable, but that's part of its charm. You'll find colour, culture, and a raw authenticity that feels rare in today fast paced world.

For me, Bolivia was unforgettable. If you've ever dreamt of a destination that takes you far from the ordinary, it might just be worth the leap.

Travel Focus Group can help you get there. With decades of years helping travellers explore every corner of the globe they can help you find your "spectacular". Call the team on 02 4209 2044 to start planning.

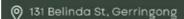
Warm regards, Monica Godfrey

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GOLF NEWS - SUN, GOLF AND GOOD CAUSES AT THE CLUB

In the first two weeks of September the greens staff were busy coring, sanding and fertilising the greens and tee boxes. They were helped by a group of volunteers who helped with the sanding. Pleasingly, we received over 200 mm of rain the day after the greens renovations were completed and this has been most beneficial in helping bring the greens back to their best.

The new 11th green is starting to look fantastic and hopefully it will be back in play later this year.

On Friday 3rd October we are holding our annual

Shoalhaven Cancer Care fundraising day. At the time of writing this report we already have a full field for the 2 person Ambrose event with quite a few on a reserve list. The golf will be followed by a luncheon, auction of some fantastic items, the drawing of the raffle and presentation of prizes. Hopefully we will be blessed with sunny weather for the event, and it can be reported that someone won the hole in one prize of a superb Kia car donated by the Country Motor Company.

Rob Rússell - President

NEW SOUTH WALES

SURF CLUB - FLAGS UP AT SEVEN MILE: SEASON STARTS

Surf Life Saving Australia flags go up on Seven Mile Beach at Shoalhaven Heads Surf Club for the summer season on 28 Sept 2025.

The club board is launching the new patrol and nippers season with an OPEN DAY 10am-1pm and invite the whole community to call by to see us in action and explore what a new gen surf life saving club is all about.

Chat to our team about joining the club as an adult patrol volunteer , a rookie cadet lifesaver, 14-18yrs, a Junior Nipper, 5-13 yrs or just start out as a social supporter.

There'll also be fun activities for the kids, a BBQ brunch and club bar open for social sippers from 12pm

We're in a period of high need to grow patrolling team numbers & especially looking to adults with transferable skills from work or social interests or just wanting to get involved as a new or longstanding local or regular visitor.

We also offer many opportunities for youth members to build foundation skills as patrol cadets (14-19yrs)becoming a surf club volunteer fills a range of criteria for the Duke of Edinburgh award or for skilling up for future employment/education opportunities

Anyone who's keen to raise a hand to train & patrol Shoalhaven Heads Beach this summer please send expression of interest to shslscregistrar@gmail.com FAO



club training team

Entry Training courses for patrolling members are scheduled to start in mid October-

SLSA Bronze (all ages from 16 yrs)

Surf Rescue Certificate (all ages from 14 yrs).

More info at sls.com.au/awards

For established patrol members branch and club trainers will provide add on courses for IRB drivers and crew, advanced first aid and resuscitation, beach management for patrol captains awards

Club Contacts

ADMIN shslscsecretary@gmail.com MEMBERSHIP: shslscregistrar@gmail.com

Nicky Pryde

HEADS BOWLO FISHING CLUB - BIG CATCHES

affected with strong winds on both Friday and Saturday hampering fishing in all categories. The weather on Sunday turned out to be fantastic for the weigh in though.

Our reigning Deep-Sea champion had some luck very early on Friday with a bag of flat head from in close, the boat was back on the trailer by 10 am though with the wind reaching its peak by then.

Ladies beach was contested again, and a cracker salmon was weighed although it was a little lighter on the scales after the whole whiting was removed during cleaning.

Rudi once again held on to compete in two categories, Beach and Estuary and took both out. Rob Duress also went well in Estuary and weighed in fish.

There were 50 plus members attend on the day who had a great lunch provided with Nathan the new BBQ cook doing a great job on the onion and snags.

We also had several returning members which is

Our November Fishing competition plan is coming to together well, with Greenwell Point Fishing Club confirming they will also be attending on 23rd November. It will be a great day for the whole family. We have a magician, face painting and plenty of slushies to keep

Our August weigh in results were again weather the kids busy and an abundance of prizes on offer for all competitors. Every junior that weighs in will receive a fishing rod on top of any prizes won in a category. The comp is open to the whole community; you don't need to be a member of a fishing club to weigh in.

RSVP with your entry by 1/11/2025 and watch our Facebook page for updates.

We are also making big in roads on the 2026 Charity Day with The Heads Fishing Club, we have many sponsors back on board for the auction and will be selling tickets in the raffle by early September.

Saturday 3rd January 2026 will be a great day in the Garden at the SHBRC

Weigh in Prize winners:

Men's Estuary - Rudi Bochdal

Men's Deep Sea- Peter Stanton Men's Beach – Rudi Bochdal

Ladies beach- Pauline McDonald

Mystery Fish- Dead heat between Rudi and Peter with a 0.700 KG Flathead.

Weekly Fishing Club raffles are held every Saturday with ticket sales starting at 2.30pm. and drawn at

The next weigh in will be on Sunday, September 28th, 2025. New members are always welcome.

Scott Tyrrell - President

HEADS COMPUTER CLUB

The Club meets 10:30am each Wed at the Bowlo. If interested, you can have the first 2 visits without joining. Genealogy Group is very popular for those interested in tracing their family history. For more information phone Alan on 0416 008 406

Shoalhaven Heads Golf Club



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SPORT

SHIELD RETURNS TO THE HEADS

HEADS FISHING CLUB VS GREENWELL POINT BOWLING CLUB FISHO'S 14TH SEPTEMBER 2025



Club president Ion Lloyd with Greenwell Point president "Hippo"

The Heads Fishing Club undertook a quest to reclaim the esteemed shield from Greenwell Point's trophy cabinet. With meticulous planning, we approached the club from both land and sea, armed with our Eskies containing prize-winning fish. Greenwell Point attempted to counter with impressive Snapper and other catches, but our overwhelming numbers, size, and quality of fish secured our victory, with notable contributions from Marty and his motley crew's tuna haul and Larissa Borg's commendable catch. The fiercely contested battle concluded with our triumph. In a display of sportsmanship, Greenwell Point hosted a feast in our honour.



What's bigger, John Nellestein or the tuna?

After the meal, we departed with the shield. As we left the Wharf, the victorious cries from Ion's boat could be heard resonated through the air.

We express our sincere gratitude to Greenwell Point Fisho's for organising a remarkable event. The next



Danny Corr weighing in another big tuna

competition will take place at Carters Corner, Shoalhaven Heads. These inter-club challenges consistently provide a delightful opportunity.

Heads Fishing Club's weigh-in winners are as follows:

- Men's Deep Sea: Bill Martin.
- Men's Marlin/ Tuna and Shark: John Nellestein
- Men's Estuary: Neil Billington
- Men's Beach: Rudi Bochdal
- Junior Boys Estuary: Beau Smith
- Junior Boys Deep Sea: Flynn Pratt
- Ladies Deep Sea: Larissa Borg
- Ladies Estuary: Pam Billington
- Junior Girls Beach/ Rock: Bonnie Zealand
- Fish of the month Bream: Beau Smith

Congratulations to all our winners. Well done. Thank you to everyone who weighed in on the day.

Cheers, Greg Gay

MAJOR SINGLES CHAMPIONSHIPS BOWLING CLUB -

The Bowling Club's most prestigious championship, the "Major Singles Championship" 2025/26 final was held on Sunday 7th September 2025. Michael English successfully defended his Club Champion title, defeating Steve McMahon by 25 to 12 shots.

Michael has now held the Club Champion title for the past three consecutive years. This is a great achievement. Michael is the first player in our club to win three consecutive Major Singles Championships.

The Honour Board which commenced in 1969 shows three players winning the championship four times and three players (including Michael) winning it three times.

The players are:

- 1. J. Sandiford
- 2. D. Smith
- 3. D. Hill 4. R. Loosemore
- x4 between 1973 and 1981 x4 between 1982 and 1990 x3 between 1985 and 1989

x4 between 1995 and 2003

LOCAL GROCEF HEADS Michael Englis

5. R. Cumberland x3 between 2004 and 2011

6. M. English x3 between 2024 and 2026

The original honour boards were taken down four years ago when the Coolangatta Lounge

Steve McMahon

was renovated. An updated copy of the honour boards is now maintained on the Club's website "shoalhavenheadsbowlingclub.com.au" and may be accessed via the new phone App "Heads Bowlo".

Stephen Franklin



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